



# Part 10

August 8, 2010

Good fitness requires \_\_\_\_\_.

The Corinthian church had \_\_\_\_\_.

Today's fitness lesson comes from \_\_\_\_\_: a fit church  
\_\_\_\_\_.

Paul describes four ways to do that:

1. \_\_\_\_\_.

Eliminate \_\_\_\_\_.

2. \_\_\_\_\_ Jesus.

Review the \_\_\_\_\_.

3. \_\_\_\_\_ Jesus.

\_\_\_\_\_ is a powerful message.

4. \_\_\_\_\_ yourself.

Check your \_\_\_\_\_.

A loss of focus has \_\_\_\_\_.

Homework:

– Play “\_\_\_\_\_”.

– Read \_\_\_\_\_.