



## Part 8

July 25, 2010

Fitness is a \_\_\_\_\_, not a \_\_\_\_\_.

Because we are in it for the \_\_\_\_\_, we have the benefit of \_\_\_\_\_.

Today, our fitness lesson comes from \_\_\_\_\_.

A fit church \_\_\_\_\_.

1. It takes note of the \_\_\_\_\_.

- We learn from \_\_\_\_\_.
- We learn from \_\_\_\_\_.

2. It withstands \_\_\_\_\_.

- We are more \_\_\_\_\_.
- We are \_\_\_\_\_.

3. It finds \_\_\_\_\_.

- We remember \_\_\_\_\_.
- We remember to \_\_\_\_\_.

The past impacts our \_\_\_\_\_ and our \_\_\_\_\_.

Homework:

- Play "\_\_\_\_\_".
- Read \_\_\_\_\_.