



Part 3

June 20, 2010

Fitness begins in _____ - _____ and

_____.

_____ teaches us that WE stay FIT by having _____

_____.

That is developed by:

1. _____.

There is a difference between _____ and

_____.

2. Being empowered _____.

There is a difference between _____ and letting

_____.

3. Relying on _____.

There is a difference between the _____ and

_____.

Homework:

– Play “_____”.

– Read I Corinthians _____.